



ATAL Y FRO

Helping families Break the Cycle of Violence & Abuse

WHY DID WE CHANGE?

- **WOMEN TOLD US;**
- **Still loved partners –but NOT their behaviour**
- **THEY WANTED;**
- **To be able to stay together –SAFELY –preferably in their own home**
- **Their children's lives to be violence-free**
- **To have more control over their own lives**

WHAT DID WE CHANGE?

- Our Name- More Inclusive & Stated Our Purpose
- Introduced; EARLY INTERVENTION PROGRAMME from New Zealand;
- WHOLE FAMILY APPROACH;
- Ethos;
- Help Family Stay Together Safely –Separate Amicably

It Has now Become.....

EPIC -BY NAME -EPIC BY NATURE!

- Education, Prevention, Intervention in the Community;
- Community IDAP /Men's Groups
- Couples work /Counselling
- Children & Young People's Programmes/Support
- Pattern Changing /Women Who Use Force/Journey Beyond Abuse
- Healthy Relations Programme

DOES IT MAKE A DIFFERENCE?

- **YES IT DOES.....**
- **2/3 of Families Still Together**
- **Women Report Increase in Confidence**
- **Overwhelmingly Positive Response from Schools**
- **CYP Realise –they are not alone**
- **Community IDAP-rolling**
- **MARS-Male, Attachment, Respect, Safety(New)**

BUT

We Await the EVALUATION!

DARFA CONSORTIUM

**(DOMESTIC ABUSE RESTORATIVE
FAMILY APPROACH)**

**CHOICES FOR CHANGE PROGRAMME
(Living Fear Free)**



**For SOUTH WALES POLICE & CRIME
COMMISSIONER**

DARFA CONSORTIUM

- **Consists of;**
- **Atal Y Fro**
- **Cardiff & Vale College**
- **WRAP-Wales Restorative Approaches Partnership**
- **Ignition Training**
- **STTEPS-Supported Housing**
- **Tros Gynnal Plant**

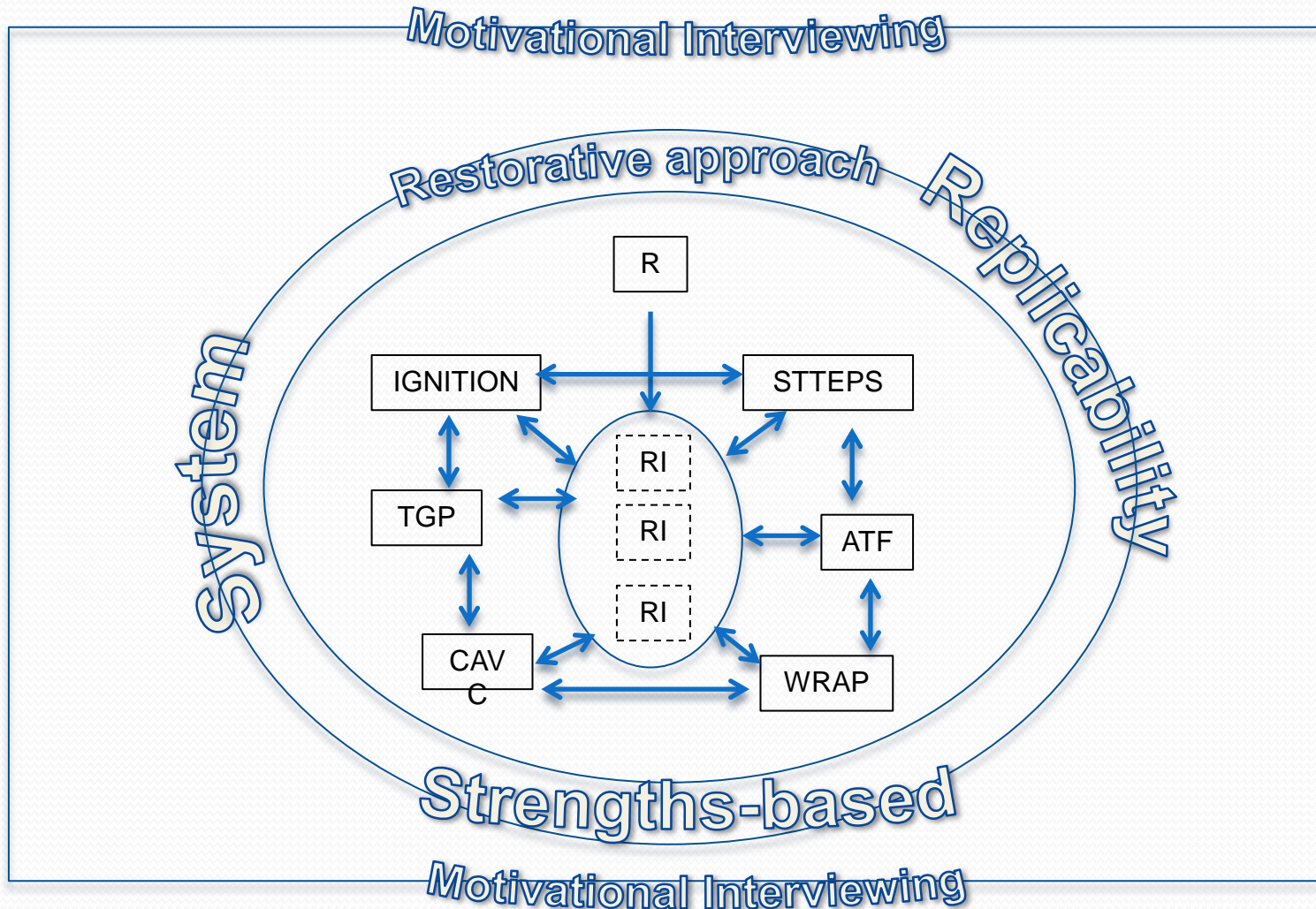
OUR VALUES

- Our Values Help To Define What We Stand For;
- We will commit ourselves to working to achieve that mission with these values at the heart of our Consortium delivery philosophy:
- Respectful, strengths-based working
- Working with openness and transparency
- Encouraging the right to self-determination
- All with the aim of achieving congruency between what we say and what we do.
- Through the life of the project the DARFA Consortium will be working to the core principles of restorative practice and collaboration.

OUR TASK

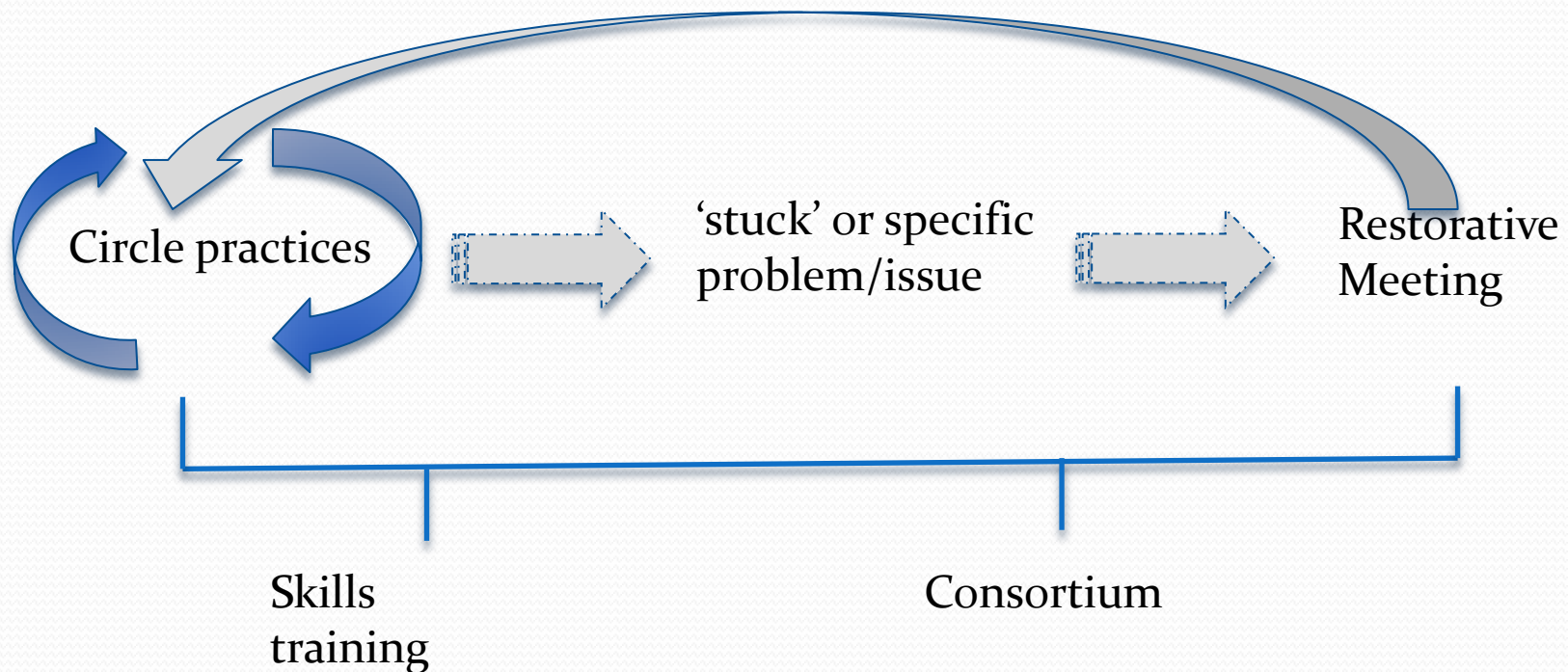
- **To Design A Programme for Low-Medium Risk Families Using Restorative Practice**
- **Research the Use of Restorative Practice in DV**
- **Develop Accredited Programme Manual incl. Consortia Working**
- **The proposed project will work towards the key South Wales priority of tackling violence against women and girls**
- **Supporting the needs of all children who are affected by domestic abuse as primary or secondary victims.**
- **It will also help inform and develop the wider commissioning of victims services, especially in terms of what effective, best restorative practice looks like in multi agency wrap around work with children and their families.**

The general model

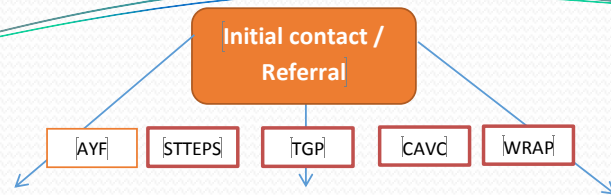


How It Works

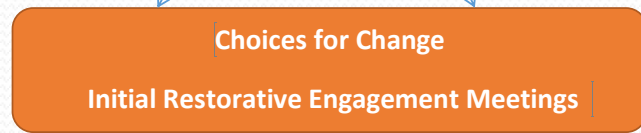
- Series of restorative meetings and interventions
- Not 'restorative justice' in isolation – wider restorative approach and ethos, skilling up families
- Range of RA circle practices & restorative meetings
- Includes a Family Group Meeting where appropriate



Note 1



Note 2

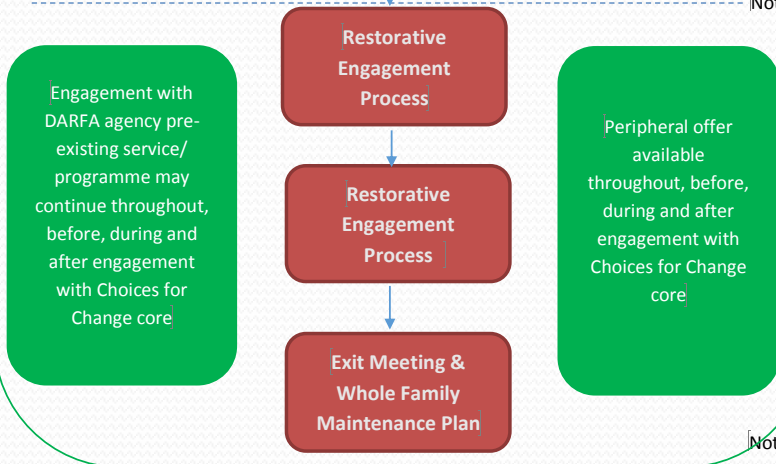


Exit meeting
and no
further
action

Note 3



Note 4



Note 5

RISK AWARENESS THROUGHOUT

• Choices for Change Process Map

SO WHAT DO WE SAY?

The only person who can Empower YOU is YOU –What Atal Y Fro /Choices For Change does is;

Provide A Range of Opportunities & Support so that;

- **Women & Children are able to rebuild their confidence & have more control over their lives**
- **There are more emotionally healthy adults & children**
- **All members of the Family Remain Safe & Secure – Together or Apart**