

# Take a deep breath...



Your safe space to share views on sex and relationships.



We want to hear from you!

## Are you aged 13–15?

Do you have any thoughts about sex and relationships?

## Are you aged 16–22?

Do you have something to say about sex, pleasure, choking/strangulation and consent?

You can help ensure that future discussions around sex and relationships actually reflect young people's real experiences.

### Interviews are:

- ✓ Informal and confidential
- ✓ Run by other young people
- ✓ A safe space to be honest, with no judgment
- ✓ Participants will be thanked for time and expertise with a [£25 voucher](#)

Register your interest to take part in an interview today!



#TakeADeepBreath

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SafeLives