

Investing to save: Domestic abuse and the CSR

Suzanne Jacob, CEO, SafeLives September 2021

For further information, please contact Director of External Relations liz.thompson@safelives.org.uk

200 word summary – submitted via CSR portal

https://www.gov.uk/government/publications/autumn-budget-and-spending-review-2021-representations/guidance-for-submitting-your-budget-or-spending-review-representation

Please use the Domestic Abuse Act, CSR and Victim's Bill as a real opportunity to tackle domestic abuse and provide an effective, systemic response.

Let's build back better post-COVID by tackling the human and financial impacts in a targeted and costeffective way. We know what works and we have the evidence to support it: a holistic approach that looks at the whole family and all their needs, beyond the criminal justice system and starting sooner.

We estimate £2.2bn is required to appropriately support adult and child victims, as well as interventions for the perpetrators who cause the harm. That's a big figure, only deliverable over time, but further investment in quality assured interventions will deliver human and bankable savings right now, as well as cost avoidance later down the line. If we can reduce poor behaviour or the impact of abuse by a tiny percentage through early intervention, this delivers a significant spend to save case as the costs are so huge.

We also know this needs to be a pan-Government conversation. The departments who could be funding early intervention aren't the departments (e.g. Health/Education) where the actual costs are incurred. Let's end domestic abuse for everyone and for good.

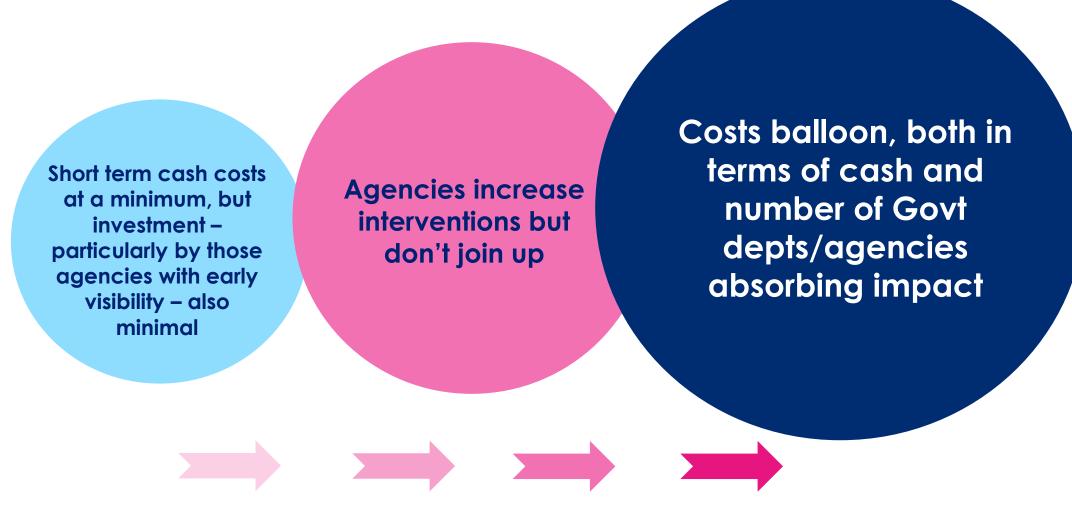


CSR submission summary: The need for a comprehensive, sustainable 'invest to save' programme to end domestic abuse for everyone for good

- The Domestic Abuse Act, Comprehensive Spending Review and Victim's Bill together present a real opportunity to increase resources over the next three years for an effective systemic response for the whole family.
- Let's focus this CSR on building back better post-COVID by tackling the human and financial impact of DA in a targeted and cost-effective way. We know what works and we have the evidence to support it: a holistic approach that looks at the whole family and all their needs, beyond the criminal justice system and starting sooner.
- We estimated in 2020 that £2.2bn is required to appropriately support adult and child victims, as well as interventions for the perpetrators who cause the harm. See link for a resubmission of our full costings figures here: <u>A Safe Fund 2020</u>
- However, further investment in quality assured interventions will deliver human and bankable savings right now, as well as cost avoidance later down the line.
- If we can reduce poor behaviour or the impact of abuse by a tiny percentage through **early** intervention, this delivers a significant spend to save case as the costs are so huge.
- We also know this needs to be a pan-Government conversation. The departments who could be funding early intervention aren't the departments (e.g. Health/Education) where the actual costs are incurred.



Summary: The domestic abuse response now



The longer we wait, the more intense and costly intervention has to be to work

Domestic abuse cost £66bn in 2016/17 alone (Govt figs)

Cost buc	ket	Cost category	Cost, £M	% of total costs	Current Department Service Costs
Anticipat	tion	Protective measures	2	0.00%	MHCLG, Home Office
Anticipat	tion	Preventative measures	3.9	0.01%	Home Office
Conseque	ence	Physical and emotional harm	47,287	71.44%	QALYs
Conseque	ence	Lost output	14,098	21.30%	QALYs
Conseque	ence	Health services	2,333	3.52%	DHSC
Conseque	ence	Victim services - housing	550	0.83%	MHCLG
Conseque	ence	Victim services - social services	174	0.26%	Of which 33.5 gov costs: HO, DWP
Respon	se	Police costs	1,257	1.90%	Home Office
Respon	se	Criminal and legal costs	336	0.51%	MoJ
Respon	se	Civil legal	140	0.21%	MoJ
Respon	se	Other	11	0.02%	Various e.g.(Marac)
Total			66,192	100.00%	
Total direct government costs, per HO figs		4,666			

Note: These Govt statistics show service costs in the year ending March 2017, and do not cover the severe and ongoing additional impact of Covid19.

Key Statistics

- The police recorded 758,941 domestic abuse-related crimes in England & Wales in the year ending March 2020.
- The Crime Survey for England & Wales states that 1.6 million women and 757,000 men experienced domestic abuse in the year ending March 2020.
- 85% of victims of domestic abuse seek help five times on average before they get effective support.
- 4 out of 5 victims never contact the police
- 116,000 cases (94% women) at highest risk of serious harm or murder seen at Marac in 2020/21, 31% increase in 5 years.
- Around 40% of children in households supported by an Idva were not known to children's services.



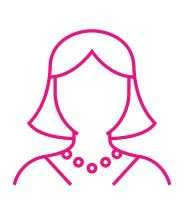
The response now: Covid has exacerbated urgency, severity, complexity

SafeLives' **Practitioner Survey 2020/21** found that:

- Over a third of respondents (37%) thought recruiting and retaining staff was difficult when funding was not consistent and based on short term contracts.
- Community-based services are consistently reporting caseloads that we consider to be unsafe, and 23% of these services operate without any local authority funding at all.



increase in calls and contacts to the National Domestic Abuse Helpline, compared with the first three months of



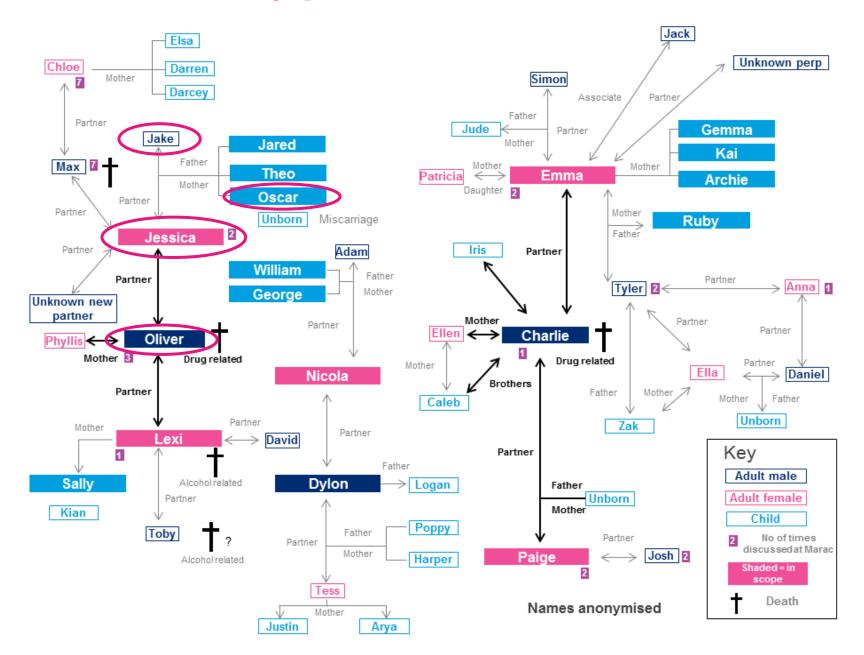
61%

of survivors surveyed after restrictions eased had not asked for any help during lockdown restrictions

SafeLives Annual Practitioner Survey 2020/21

Office for National Statistics

Case audit: A whole family picture



The response now: Case audit – Interventions and Referrals

Referral to MIND for Jessica

and enforcement action

TF⁵ assessment for parenting

Health home visitor

1-1 work around domestic abuse: referral for

Jessica & Oscar to specialist DA support, referral

of Oliver and/or Jake to 1-1 perpetrator response

Active interventions, from Escalation to repeat CP¹ **Escalation** CP¹ to CIN² Oscar visited at Prior concerns about Case briefly in Police called to violent Police called after school. Jake (birth PLO⁶ (children at risk Jessica's mental health and incident with Oliver. This assault on Jessica by father) contacted of removal) due to lack substance misuse Suffocation is followed by referrals Oliver. about child support of Jessica by to MARAC3, counselling, of engagement from child safety Jessica Oliver CSC8 had record of MARAC³ referral, but held on different 40% victims of Jessica called Social Care about IT system Progress improved – plan injunction against Oscar's dad, Jake high-risk abuse stepped down to CIN² and Children's Social Care report mental ill-Oscar left in care then closed health. increased involvement Oscar's father Jake called of aunt, who called Jessica could have received more Recognise MASH⁷ support from a specialist and address domestic abuse service at this Jessica's care. domestic abuse Wraparound response would have had impact: time. as cause and ■ CP planning & CYPS⁴ No consideration for the consequence of SafeLives data tells us that 85% of fact Jake was a Psychological assessment mental health victims of domestic abuse seek

- 1. Child Protection
- 2. Child in Need

problems⁹

- 3. Multi-Agency Risk Assessment Conference
- 4. Children and Young People's Services
- 5. Trauma Focused
- 6. Public Law Outline Child(ren) at risk of removal

help9

- 7. Multi-Agency Safeguarding Hub
- 8. Children's Social Care
- 9. SafeLives: Getting it right first time (2015)
- 10. Walby, S. and Allen, J. (2004), Domestic violence, sexual assault and stalking: Findings from the British Crime Survey

support 5 times before they get

11. NB Timeline for Oscar 2005-2013

perpetrator of DA.

Abuse is more likely where the perpetrator has a previous conviction¹⁰

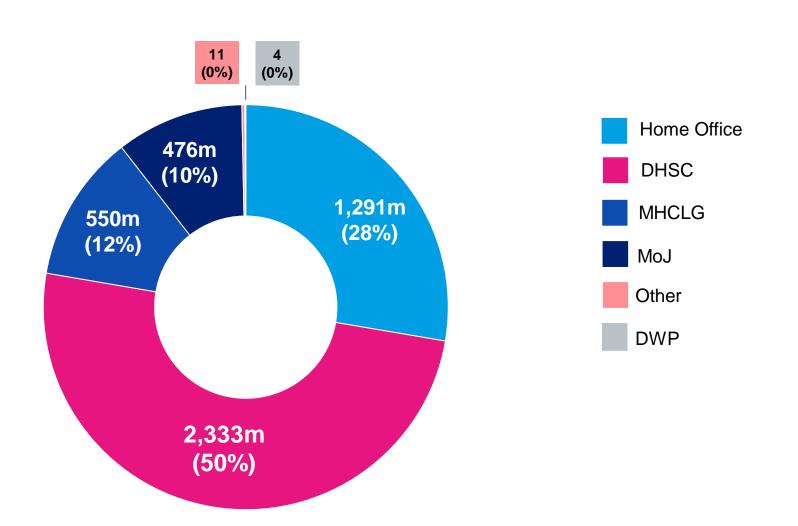
Children's Services reporting child welfare concerns under

School also contact MASH7.

MASH7 checks initiated and Oscar put on CP¹ plan

The response now: Dept of Health has earliest visibility and bears highest direct costs, but is not involved in proactive, preventative work

Home Office figs for domestic abuse costings – direct costs (£m) to government departments





The cost now: Annual system (cash) cost - Oscar and child victim-survivors at high risk: ~£500m (C130,000 children estimated to be at highest risk of serious harm or murder)



System Costs

Estimated annual cost

Healthcare

£21m

Mental health services, assuming regular CBT as single treatment – conservative view

Police

£0.7m

Cost of police time to complete referrals to Child Protection, as a result of domestic abuse-related incidents

Youth Crime

£248m

Proportion of the cost to CJS of all young offenders, based on those that are exposed to DA

Social Services

£226m

Safeguarding and family support services annually for those children in care as a result of DA in their household

Education £12m

Cost of Alternative Provision for children who are excluded with exposure to domestic abuse

Calculations

- # of children exposed to DA who suffer psychological problems x % of those children who receive MH support
- Cost of CBT (1 / week for 3 months) x # of children
- # of police referrals due to DA-related incidents x average time taken to complete referrals
- This time is multiplied by hourly 'on costs' on police ranked Sergeant or below
- Total cost of young offenders to the CJS x proportion of young offenders who are exposed to DA in the home (and their own violence can be put down to this exposure)
- Total cost of looked after children and safeguarding of children in England **x**Wales scaling factor **x** proportion of CIN referrals with DA as a factor **x** proportion of cases that can be taken as domestic abuse alone
- Cost of Alternative
 Provision x # of
 children exposed to
 DA x % children who
 get permanently
 excluded from school
 x increased likelihood
 of school exclusion for
 children in care



The cost now: Annual economic, human & emotional (QALYs) cost of domestic abuse linked to the same children ~£690m



Economic output losses



Human & Emotional costs

Following the methodology outlined in Zhang et al (2012), a Canadian Government research into Estimation of the Economic Impact of Spousal Violence in Canada, we consider three medical conditions that children may develop as a result of domestic abuse: hyperactivity, physical aggression and mental health issues

Hyperactivity

£46m

Impact on future earnings potential, based on proportion of children who develop condition primarily because of DA exposure

Physical aggression

£269m

Impact of high-school drop out on future earnings potential, based on proportion of children with condition due to DA who drop-out

Mental health issues

£373m

Impact of mental health on future quality of life (QALYs), based on proportion of children who develop severe condition due to DA exposure

Calculations

Estimated

annual cost

Unit costs only apply to new child victims ("the flow") – i.e., you only drop out of school once 3.1%

% of children who develop condition primarily due to exposure to domestic abuse

£35k

Unit cost: Lifetime impact on future earnings resulting from hyperactivity

22.2%

% of children who develop condition primarily due to exposure to domestic abuse

£28k

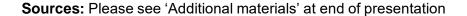
Unit cost: School drop out rate resulting from physical aggression (15%) **x** Lifetime economic cost of high school drop-out (£186k)

27%

% of children who develop condition primarily due to exposure to domestic abuse

£32k

Unit cost: Average duration of DA and MH consequences (4 years) **x** QALY impact of MH (0.13) **x** HMT Green Book's QALY value (£60k)



The costs accrued over time: costs accruing for children at high risk show cashable benefits of early intervention

Illustrative timeline model: the benefits of early intervention for costs

SafeLives research estimates that the median average length of abuse before Marac referral is **3 years**.

Representing the average 3-year period before support received

January	December	December	December
2022	2022	2023	2024
Abuse starts	Yr 1	Yr 2	Yr 3

Mental health support	£4.2m	£9.6m	£21.2m	
Police referral			£0.7m	Police typically involved at point of Marac referral
Youth crime costs	£49.6m	£111.6m	£247.9m	
Children social care	£45.3m	£101.9m	£226.4m	
Education disruption	£2.3m	£5.3m	£11.7m	
Total cashable savin	g £101m	£228m	£508m	

Rationale

Key Takeaways

£508m potential cashable saving

This timeline visualises the accrual of costs over the average 3-year period before a child receives support – the earlier the intervention occurs, the greater the potential benefits.

Most costs increase as children continue to experience domestic abuse and become known to the system through education and health.

However, in many cases such as mental health, it could be argued that costs may accrue exponentially for some children.

If this is the case, the timeline view would show even larger benefits of early intervention.

Notes on the calculations

- All costs are purely illustrative and based on highly uncertain assumptions due to limited data availability
- NB Child victims at highest risk only



What's the solution? Interventions which work:

1. Beacon sites 1.0

'Beacon sites' have piloted an **inclusive service which wraps around the whole family**, including a range of **interventions to fill the gaps** and support **children and young people** who have witnessed, or been exposed, to domestic abuse within their families. After two years, exit form data as children and young people complete intervention demonstrate the following:

~90%

80

42%

43%

Improved safety following Beacon site support

Reduction in CYP witnessing abuse

Reduction in CYP experiencing direct abuse

Reduction in CYP using harmful behaviour

Social return on investment quantified by independent evaluation as £5.29 to each £1 of investment. Further investment in a wider roll out will deliver on the commitment to support the whole family, including children.

'My children are losing their fear and anxiety and as a family we are closer'. Survivor

'Holding fathers to account for their behaviour is really scary at first but once they see it, they have really tried to change their behaviour with their children.' Practitioner

'The specific work for the young people has seen an increase in the engagement of their parents.' Practitioner



What is the solution? Interventions which work: 2. Drive

- 400,000 perpetrators causing high (including murder) and medium levels of harm across England and Wales
- Fewer than 1% gets a specialist intervention that might prevent future abusive behaviour
- Drive, run by SafeLives, Respect and Social Finance, works with high-risk and serial perpetrators of domestic abuse to prevent their abusive behaviour and protect victims.

University of Bristol evaluation of the programme found that service users showed a major decrease in abusive behaviour:

The probability of high levels of physical abuse by service users was 45% at intake

This reduced to around 7% at midpoint and to around 3% at case closure



This increased to around 87% at midpoint and further up to 94% at case closure

The probability of no physical abuse started at 38% by intake

Financial analysis shows reductions in return to Marac, resulting in cost avoidance ranging from £783k to £1.57m pa for a standard service model working with 125 perpetrators at a delivery cost of c£300k pa.

There is more to do and further investment will create larger impact and savings.

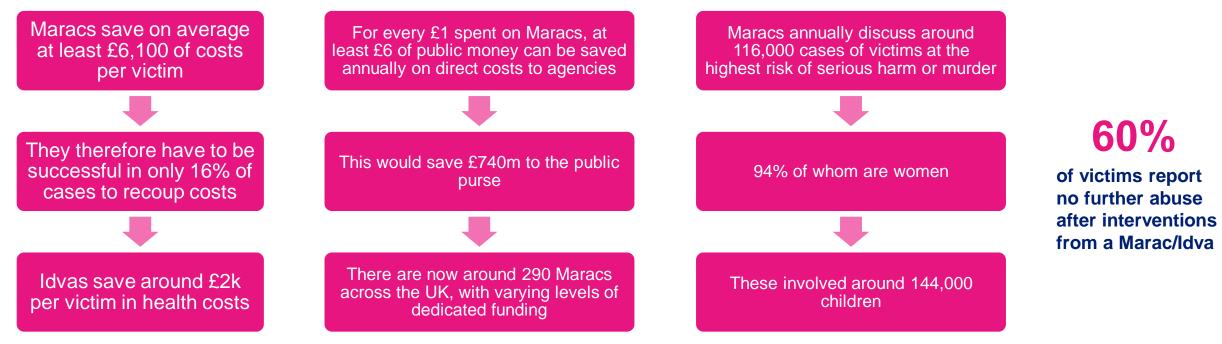
'For the first time, someone's holding him to account, it's not just me.' Survivor



What is the solution? Interventions which work: 3. Marac/Idva

When cases of abuse do reach a high-risk threshold, the 'Marac' process, always supported by an Idva, is proven to be effective in helping increase safety for adults and children.

An effective system which looks at the whole family will link this to other forms of intervention illustrated in the two previous slides, to ensure neither perpetrator nor victims cycle back into further abusive situations after Idva/Marac has increased safety.



'My initial contact with the Idva was earth shattering. She asked very specific questions in exactly the right areas and I couldn't believe how much she understood my situation." Survivor of domestic abuse.

Our proposition: Building back better

Beacon sites 2.0 – headline investment in evidence-based responses for the whole family - including children - addressing the gaps, challenging perpetrators, involving survivors and building on strong foundations of effective Idva service and Marac for victims at highest risk. Let's end domestic abuse.

Year 1 – 10 sites
England/Wales
£21.3m, building
existing
evidence base

Year 2 – 15 sites England/Wales £31.95m, iterating learning Year 3 – scaling to 30 sites England/Wales £56.9m

Even *marginal* impact
- 5% - would be a
break even case for
investment

- Stepped approach to de-risk investment
- Focus on under-served communities and locations
- Cross Govt committee to take Gateway reports
- Matched funding from local areas



Additional material

For further info, pls contact <u>liz.thompson@safelives.org.uk</u> or <u>anthony.castagnetti@safelives.org.uk</u>

What is the nature and scale of the problem: Costs to system of adult victims-survivors by government department 1/2

Home Office				Departmental service costs
Cost bucket	Cost category	Cost, £M	% of total costs	Department
Anticipation	Protective measures	2	0.00%	MHCLG, Home Office
Anticipation	Preventative measures	3.9	0.01%	Home Office
Consequence	Physical and emotional harm	47,287	71.44%	n/a
Consequence	Lost output	14,098	21.30%	n/a
Consequence	Health services	2,333	3.52%	DHSC
Consequence	Victim services – housing	550	0.83%	MHCLG
Consequence	Victim services – social services	174	0.26%	Of which 33.5 gov costs: HO, DWP
Response	Police costs	1,257	1.90%	Home Office
Response	Criminal and legal costs	336	0.51%	MoJ
Response	Civil legal	140	0.21%	MoJ
Response	Other	11	0.02%	Tbc (MARAC)
Total		66,192	100%	

Direct gov't costs

as per HO figs

Gemma's story - the lifelong cost of domestic abuse

Gemma lived with her parents Andy and Sian, brother John, and half-brother Simon. Andy developed a heroin addiction when Gemma was 6. Simon was also a bully to his half siblings – he beat John up daily and started to sexually abuse Gemma.

Andy was often in and out of prison. When he was at home he would behave increasingly erratically – he would steal the TV to sell for drugs. He and Sian had massive rows. He would threaten to throw her out of the house and often dragged her out by her hair and threw things at her.

One time Gemma arrived home to find that the house had been trashed. Her mum had been barricaded in her bedroom with Andy for two days and had only been rescued when she managed to shout out the window when he fell asleep. The police had to break the door down as it had been nailed shut with planks of wood on the inside. Gemma still does not know what went on in that room over those two days. At 13, John went to live with Andy over the summer holidays. During that time Andy didn't really look after John very well, he introduced him to drugs, and John experienced sexual abuse from others during this time.

John was never the same after this. He stopped going to school and starting stealing money to pay for drugs. Gemma's own sexual abuse continued. She started to cut her wrists to help her cope – she was 12. At 17, she took an overdose of paracetamol. She has since been diagnosed with a personality disorder and is receiving treatment through mental health services.

Simon ended up living with Andy and John and became addicted to heroin as well. He died age 35 of self-neglect and drug related causes.

John never recovered from his childhood trauma. When Simon died, John spiralled out of control – he stole a car when high on drugs and ended up having a high-speed crash which left two people with life changing injuries. John spent 2.5 years in prison. One of the victims of the crash later killed himself as he couldn't cope with his injuries. John has never recovered from the guilt of this. He has severe mental health issues / is a heroin addict/ has been homeless/ has never held a job and has only recently managed to report what happened to him as a child.

Gemma worked at SafeLives for ten years and is now a deputy service manager of a frontline domestic abuse service. She is a phenomenal survivor and professional.

Annual system (cash) cost - Oscar & high risk child victim-survivors: ~£500m

(C130,000 children estimated to be at highest risk) – Sources included



children in need (2020)

Annual economic, human & emotional (QALYS) cost of domestic abuse linked to the same children ~£690m - Sources included



Economic output losses



Human & Emotional costs

Following the methodology outlined in Zhang et al (2012), a Canadian Government research into Estimation of the Economic Impact of Spousal Violence in Canada, we consider three medical conditions that children may develop as a result of domestic abuse: hyperactivity, physical aggression and mental health issues

Estimated annual cost

Hyperactivity

£46m

Impact on future earnings potential, based on proportion of children who develop condition primarily because of DA exposure

Physical aggression

£269m

Impact of high-school drop out on future earnings potential, based on proportion of children with condition due to DA who drop-out

Mental health issues

£373m

Impact of mental health on future quality of life (QALYs), based on proportion of children who develop severe condition due to DA exposure

Calculations

Unit costs only

of school once

apply to new child victims ("the flow") -

i.e., you only drop out

3.1%

% of children who develop condition primarily due to exposure to domestic abuse

£35k

Unit cost: Lifetime impact on future earnings resulting from hyperactivity

22.2%

% of children who develop condition primarily due to exposure to domestic abuse

£28k

Unit cost: School drop out rate resulting from physical aggression (15%) x Lifetime economic cost of high school drop-out (£186k)

27.0%

% of children who develop condition primarily due to exposure to domestic abuse

£32k

Unit cost: Average duration of DA and MH consequences (4 years) x QALY impact of MH (0.13) x HMT Green Book's QALY value (£60k)

Sources

- Dauvergne and Johnson (2001) in Zhang et al (2012), An Estimation of the Economic Impact of Spousal Violence in Canada
- Khong (2014), Centre for Mental Health, The Economics of ADHD: A Cost of Illness Study
- Dauvergne and Johnson (2001) in Zhang et al (2012), An Estimation of the Economic Impact of Spousal Violence in Canada
- Hankivsky (2008), Cost Estimates of Dropping Out of High School in Canada
- SafeLives (2015)
- Home Office Report (2019)
- HMT Green Book (2020)



Children outside mainstream education: Pupil Referral Units

- Estimates of the proportion of Pupil Referral Unit pupils disclosing DA in the home is 'at least 60%'.
- One specialist worker describes the young people as "constantly living with their amygdala blaring" "hypervigilant" and sparking quickly – though some can show deep levels of withdrawal and disengagement, too.
- The pupils will often make disclosures to a specialist DA worker that they don't make to teachers, safeguarding leads or pastoral staff.
- In group conversation they're often showing hypermasculine, aggressive behaviours, with boys talking in a proprietorial way about girls they're involved with – "if I end up in prison I'll just get her pregnant so she's got to stay with me til I'm back."
- However, the specialist worker often finds the same young people when they're
 in a 1-1 with her, are often quieter, embarrassed and ashamed about their
 behaviour or statements they've made in a group situation.
- The girls in the PRU, who are a much lower proportion of the students, are
 often in relationships with older (sometimes much older) men, and the staff
 regularly have concerns about exploitation. The worker describes their initial
 confident / dismissive behaviours as 'a coat of armour'.



What is the solution? A comprehensive, sustainable invest to save programme



- The Domestic Abuse Act, Comprehensive Spending Review and Victim's Bill together present a real opportunity to increase resources over the next three years for an effective response.
- A systemic approach to the whole family is proven to work.
- Let's focus this CSR on building back better post-COVID by tackling the human and financial impact of DA in a targeted and cost-effective way. We know what works and we have the evidence to support it: a holistic approach that looks at the whole family and all their needs, beyond the CJS and starting sooner.
- SafeLives' estimate suggests that just under £2.2bn is required to appropriately support victims of domestic abuse adults and children, as well as interventions for the perpetrators who cause the harm.
- The departments who could be funding early intervention aren't the departments where the actual costs are incurred (e.g., greatest costs are felt in Health and Education), so this has got to be a pan-Government conversation.

