



### Recognise it. Seek help. Ending domestic abuse

# Questions and Answers for People Interested in Hampshire Authentic Voice Panel:

#### Will I get paid for my time?

We consider people who have experienced domestic abuse to be experts about their experience. We are offering payment per panel meeting. There will also be payment for other work that panel members are involved in.

We will also pay for any travel or refreshments that you might need when engaging in this project and pay for this upfront where we can.

#### What is involved in being a panel member?

We plan to take an individual approach that works for each panel member. We plan to hold monthly meetings but know that not everyone will want to engage in this way. There will also be opportunities to shape and influence the way that projects and services are designed and delivered. There may also be opportunities to present at local events, conferences and meetings. We will work with you to understand how you want to use your voice and experience to make the change that you want to see.

#### What support will panel members receive?

Once the panel are settled into their role and the group we will offer group sessions run by qualified and trauma informed practitioners. This is to help members understand the impact being involved in sharing their lived experience can have and help them know whether clinical supervision is for them and something they would like to do on a one-to-one basis. We want to make sure all panel members feel able to engage in this project. We will discuss on an individual basis what adjustments we need to make such as translation where English is a second-language, BSL interpretation, easy read resources and access to technology to help you take part in conversations that are happening online.

#### What training and development opportunities will be available?

SafeLives is committed to equity, equality, diversity and inclusion. We want to offer training and development opportunities which will help you reach the goals you set out for when applying to join the panel, these discussions will take place when you join the panel.

There is a likelihood that in the earlier stages of panel development we will discuss the provision of Cultural Competency and Trauma-Informed Sharing.

#### How will you make decisions on who joins the panel?

Once you tell us you are interesting in joining the panel and send in an application we will invite you to a "Getting to Know You" session, where you will be asked by three people; a Pioneer (someone who works with SafeLives who has experienced domestic abuse), someone from Hampshire County Council and someone from SafeLives. We will share the questions with you before you come to the getting to know you session so you have time to think about what you want to say to us before hand.

We are hoping to have 10 to 12 people on the panel. To help us decide who becomes a panel member we will consider:

The answers you give.

- The need to make sure that there are a range of voices, experiences and identities involved represented.
- The risk and safety, both physical and psychological, of the panel members

#### What happens if I'm invited to be part of the panel?

We would arrange to have one-to-one conversations with you to help us understand your individual needs and experiences and prepare you for the first panel meeting which will happen at the end of August/beginning of September. When this takes place will depend on the availability of all panel members.

#### What happens if I'm not invited to join the panel?

There will be a range of reasons why we may make these decisions. We will ensure that you are part of this discussion and understand our reasons for this.

There may be other ways which you can be involved in this project or other survivor networks in Hampshire. We can talk this all through with you.

## Whether I am invited to join the panel or not, how will my personal data be stored?

We will act in accordance with the Hampshire Authentic Voice Panel Privacy Notice. SafeLives is committed to ensuring that your data is stored in a way which is consistent with General Data Protection Regulation (2018).

In a set of circumstances where you are not invited to join the panel at this time, we will remove your information from our systems without undue delay.

## I have an ongoing court case/my experience of abuse is ongoing will this impact on me being able to become a panel member?

An ongoing court case and/or experiences of abuse does not rule you out from being an Authentic Voice Panel member. When creating group spaces, it is important that SafeLives uses a risk-led and trauma-informed approach. It may be that ongoing court cases and living with ongoing domestic abuse will mean it isn't the right time for you to participate in the Authentic Voice Panel. We will make this decision together. When we make this decision, we will be able to talk about future opportunities or ways for you to stay connected to the project.

#### How much of the panel member's role will be in person and remote?

We expect there to be a mix of both remote and in person meetings, events and conversations. We will be flexible in how you can engage in this project and find ways that work for you and the panel.

#### Who else might be on the panel?

Other panel members will be people who have been personally impacted by Domestic Abuse who are keen to use their experience to improve the lives of victim-survivors, with and for people across Hampshire.

We plan to have 10-12 representatives on the panel. We recognise that some people's voices often don't get heard, so we are particularly interested in hearing from people who are:

- Black, Asian, or from other racially minoritised communities and/or;
- have a disability and/or;
- identify as LGB and/or people whose gender identity is different to the one they were assigned at birth and non-binary people and/or;
- men and/or
- are over the age of 64.

We would also like to have people on the panel who have experience of:

- the family courts,
- are care experienced,
- have no recourse to public funds,
- or had experiences with services post-abuse which has been positive/harmed/benefitted/retraumatised them.

We also welcome applications for people who not just live in Hampshire but work there too.

## I don't always feel comfortable meeting in a large group in person, how can I be involved?

Our previous experiences of panels suggest that all members do not necessarily want to meet all together in person. We are anticipating that the facilitator of the space will connect with members using an individual, smaller-group or larger group basis so that members will be able to engage in a way that they choose to.

How will we ensure men, people whose gender identity is different to the one they were assigned at birth, non-binary-people feel welcomed into the space?

Will we be including the voices of men, people whose gender identity is different to the one they were assigned at birth and non-binary people in this project! That is our intention. And we will facilitate these different spaces safely, understanding and appreciating individual need so that all panel members are able to take part in a way that works for them.